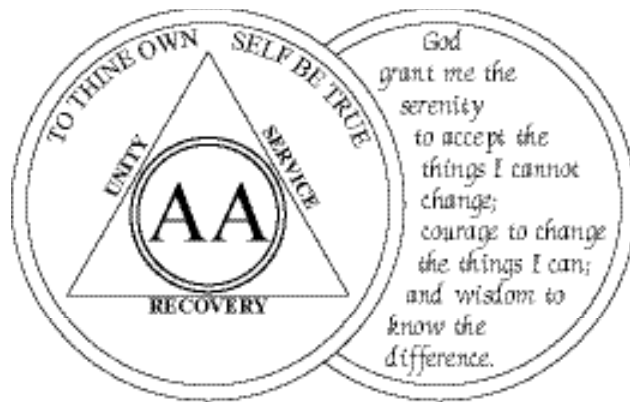


TODAY

Palm Beach County Intergroup Association

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions and Twelve Concepts of A.A., always remembering that our common welfare comes first.



November 2013

www.aa-palmbeachcounty.org

24 Hour AA Hotline 561-655-5700



TO MARK YOUR CALENDARS

Christmas Alcathon

December 24th at noon - December 25th at 11:45
in the main room of the Triangle Club

New Year's Eve Alcathon

December 31st at 1pm - January 1st at 11:45
at the PBC Intergroup Office

Group Time Slots will be published in the December issue of The Today. Volunteers will be needed to help setup, clean up, and maintain the coffee and room throughout the Alcathons.

Really special volunteers will be needed to help during the wee hours of the morning. For more information, please contact the Intergroup Office (561) 655-5700.

Jupiter Tequesta Christmas Party

SPONSORED BY THE
RIVERBOTTOM SPEAKER GROUP
& LOCAL JUPITER TEQUESTA AA GROUPS

Friday, December 6

COFFEE @ 7:00

RAFFLE @ 7:30

MEETING @ 8:00

*Fellowship and finger food after the meeting
Please bring your favorite finger food!*

PROCEEDS WILL BE DONATED TO
PALM BEACH COUNTY INTERGROUP &
DISTRICT 8 GENERAL SERVICE

FIRST PRESBYTERIAN CHURCH OF TEQUESTA
482 TEQUESTA DRIVE, TEQUESTA 33469

CONTACT: KATHLEEN F. AT 561-746-4795

Palm Beach County Intergroup Association

1371 Okeechobee Road • WPB, FL 33401
Phone: 561-655-5700 • Fax: 561-655-6441
www.aa-palmbeachcounty.org
Email: pbciaa@bellsouth.net

Join an Intergroup Committee!

12 Step List • Bridging the Gap • Group Contact
Phone Volunteers • Institutions • Public Information
Visit www.aa-palmbeachcounty.org or call
561-655-5700 for more information.



Financial Reports

Palm Beach County Institutions Committee Operating Report 10/1/2013 - 10/31/2013

Beginning Balance	\$6,507.51
Income	
Group Contributions	\$1,206.93
After Hours Group-	\$194.81
Lunch Bunch-	\$750.00
Free Spirited Women-	\$62.12
Sunrise Sobriety Group-	\$200.00
Big Book Ball	\$1,892.00
Total Income	\$3,098.93
Expenses	
Big Books	\$1,246.00
Rent	\$60.00
Total Expenses:	\$1,306.00
Monthly Profit/ (Loss):	\$1,792.93
Ending Balance	\$8,300.44

Office Activity for October	
Requests for meetings info	173
12th Step requests	2
BTG	—
Other information	107
Public Information requests	—
Institutions Meeting requests	—
Visitors	298
Emails	232
Total Activity	812

Website Visits for October	
Total Visitors	5,563
1st Time Visitors	4,554
Returning Visitors	1,009

Palm Beach County Intergroup Operating Report 10/1/2013 - 10/31/2013

Revenues		
Literature Sales	\$4,481.53	
Sales Tax	270.11	
Group Contributions	2,470.28	
Potluck Dinner	1,199.00	
Birthday Club Memberships	88.00	
Meeting Baskets	92.00	
Total Revenues		\$8,600.92
Expenses		
Literature Purchases	\$3,752.38	
Sales Tax	286.49	
Potluck Dinner	565.06	
Office Salary	2,746.16	
FICA & Unemployment Tax	210.09	
Paychex(monthly fee)	77.00	
Rent & Water	475.00	
AT&T (Internet, Phone, Website)	295.66	
FP&L	134.31	
Exterminating	35.00	
Printing	231.00	
Office Supplies / Postage	209.71	
Total Expenses		\$9,017.86
Monthly Surplus / (Deficit)		(\$416.94)
Checking Account Balance		\$16,943.66
Prudent Reserve Interest		\$0.43
Prudent Reserve Balance		\$17,542.13

Email submissions to today@aa-palmbeachcounty.org
 Get the TODAY online at www.aa-palmbeachcounty.org

DO YOU HAVE AN INTERGROUP REP?

If not, Intergroup needs the name of a Group Contact person for each group. Please email the following info to groupcontact@aa-palmbeachcounty.org:

Group Name	Contact Person's Name
Email Address	Phone Number

Gratitude

Excerpts from *As Bill Sees It*

“Gratitude should go forward, rather than backward. In other words, if you carry the message to still others, you will be making the best possible repayment for the help given you.” pg 29

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine-- both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.

“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know.” pg 37

“Truly did a clergyman say to me, ‘Your misfortune has become your good fortune. You AA’s are a privileged people.’” pg 133

“Everyone must agree that we AA’s are unbelievably fortunate people; fortunate that we have suffered so much; fortunate that we can know, understand, and love each other so supremely well.

“These attributes and virtues are scarcely of the earned variety. Indeed, most of us are well aware that these are rare gifts which have their true origin in our kinship born of a common suffering and a common deliverance by the grace of God.

Continued in next column ➡

Upcoming Events

November 23rd South Palm Beach County 25th Annual Intergroup Gratitude Dinner at Embassy Suites Hotel in Boca Raton. Begins at 7:00pm. Features AA Speaker Meeting, Raffles, Dinner and Fellowship. Tickets \$47.00 per person or \$470.00 for table of 10.

November 28th Triangle Club Thanksgiving Day Dinner Event. Meeting 12:00-1:00. Thanksgiving Dinner begins at 1:30 thanks to the extremely generous donations of the AA community. Triangle Club is located at 1369 Okeechobee Road, WPB 33401. All donations welcome!

December 6th Jupiter Tequesta Christmas Party @ First Presbyterian Church of Tequesta. 482 Tequesta Drive, Tequesta, FL 33469. Coffee at 7:00 | Raffle at 7:30 | Meeting at 8:00. Fellowship and finger food after the meeting. Please bring your favorite finger food! Proceeds from the event will be donated to Palm Beach County Intergroup and District 8 General Service. Questions? Contact Kathleen F. at 561-746-4795.

December 24th-25th Christmas Alcathon held at the Triangle Club beginning Dec. 24th at 12 noon and running until Christmas day at 11:45. 1369 Okeechobee Road, WPB 33401.

December 31st- January 1st New Year’s Eve Alcathon held at the Intergroup office beginning on Dec 31st at 1pm and ending Jan 1 at 11:45. Located next door to Triangle club at 1371 Okeechobee Road, WPB 33401. Phone 561-655-5700

Gratitude (cont.)

“Thereby, we are privileged to communicate with each other to a degree and in a manner not very often surpassed among our nonalcoholic friends in the world around us.” pg 231

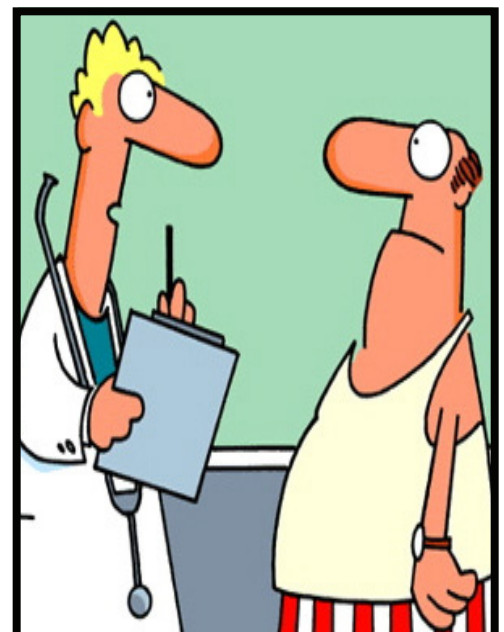
Standing Meetings

Institutions Committee meets on the First Sunday of every month at the Triangle Club at 1369 Okeechobee Road, West Palm Beach. For those interested in becoming involved, there is a mandatory orientation at 4:30 p.m. in Serenity room, which precedes our general meeting at 5:00 p.m. The Institutions Committee is always looking for volunteers. Join us! This is a great way to pass it on.

Intergroup meets at 6:15 pm on the Second Wednesday of every month at the Intergroup Office, 1371 Okeechobee Rd., West Palm Beach. Visitors are welcome. For more information please call the Intergroup Office at 655-5700.

District 8 General Service meets at the Triangle Club (1369 Okeechobee Rd, WPB) on second Sunday this month @ 5:00 p.m.

Visitors are welcome. For more information please go to www.district8area15aa.com or call the Intergroup Office at 655-5700.



What fits into your busy schedule better: going to a meeting for one hour a day or being dead 24 hours a day?

Birthday Club

October Celebrants

Scott M. 3 years	JoAnn R. 14 years
Jay S. 5 years	Jorge A. 19 years
Ashley O. 6 years	Shane B. 21 years
Christine H. 7 years	Helen O. 27 years
Greg F. 8 years	Lane K. 37 years
Steven B. 9 years	

November Celebrants

Cindi F. 2 years	George A. 8 years
Thomas C. 4 years	Donald H. 24 years
Egan Z. 5 years	Gary B. 24 years
Rich S. 4 years	Susan D. 24 years
Hugh H. 6 years	Catherine M. 28 years
Karen P. 6 years	

JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery by giving a little something back!

You'll get:

Bill & Bob Medallion, Birthday Flyer and your Name printed in the TODAY newsletter.*

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401 or email us at pbciaa@bellsouth.net

\$1 per year of sobriety is the suggested contribution (Feel free to give more!)

NAME: _____

ADDRESS: _____

Email: _____

Home Group: _____

Sobriety Date: _____ / _____ / _____

Phone # () _____ - _____

DONATION: \$ _____

*Deadline for new submission for TODAY printing is the last Wednesday one month prior to the month of your anniversary

SUBSCRIBE TO THE TODAY!

\$6.00 per year | 12 issues mailed directly to you!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Mail to: Palm Beach County Intergroup Association
1371 Okeechobee Road, West Palm Beach, FL 33401

Steps • Traditions • Concepts

Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry it out.

Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

1. Do I sometimes promote AA so fanatically that I make it seem *unattractive*?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas of Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

Concept 11: The trustees should always have the best possible committees, corporate service directors, executives, staffs and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

- Do we understand how the roles of nontrustee directors and nontrustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional "Right to Participation?"
- Do we practice rotation in all our service positions? ▲



See, you're the one with a drinking problem—when was the last time you saw me spill a drop?