



Today

January
2011

Palm Beach County Intergroup Association

1371 Okeechobee Road
West Palm Beach, FL 33401
561-655-5700 Fax 561-655-6441
www.aa-palmbeachcounty.org
pbciaa@bellsouth.net

UNITY BREAKFAST

Saturday January 29, 2011
Sponsored by North Palm Beach County
Intergroup & South Palm Beach County Inter-
group

Breakfast Served
8:30am to 10am

1st Speaker: 10:15 to 11am

(north county)

2nd Speaker: 11:00 to 11:45

(south county)



All are welcome to
the speaker meet-
ings

Tickets \$8
For breakfast

Finland House
301 W. Central Blvd.
Lantana, FL 33462

Tickets available at both Intergroup offices
and through Intergroup Reps

50/50 Raffle!!



1 *We admitted we were
powerless over alcohol —
that our lives had become
unmanageable.*



The bottle has me down.
My life is a mess.

Tradition 1:

Our common welfare should come first; personal
recovery depends upon A.A. unity.

Concept I :

Final responsibility and final authority for A.A. world
services should always reside in the collective con-
science of our whole Fellowship.

Birthday Club Members

please don't forget to send in your
renewal for 2011.

Thank you for
supporting the
Birthday Club.



New Where & When's coming soon.

Please notify the Intergroup Office of
any additions,
deletions or
changes.
ASAP



Office Activity in December

- 12 Step Requests - 38
- Other program info - 31
- Institutions - 0
- Request for meeting info - 177
- Public Information - 0
- Visitors - 232
- AA Emails - 10
- Total: 453**

Service Schedule

- 2/13 - GSR Meeting 5:00pm
- 2/2 - Steering Committee Meeting 6:15pm
- 2/6 - Institutions Volunteer Orientation 4:30pm
- 2/6 - Institutions Committee Meeting 5:00pm
- 2/9 Intergroup Meeting 6:15pm

Website Visits in December

- 1st time visits - 454
- Return visits - 1933
- Total Visitors - 2387



Intergroup's Purpose

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions, and Twelve Concepts of A.A., always remembering that our common welfare comes first.

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Palm Beach County Intergroup Operating Report - 12/01/2010 - 12/31/2010

Revenues:	
Literature Sales	\$3,822.09
Sales Tax	244.25
Tax Exempt Sales	560.36
Group Contributions	3,504.39
Jupiter & Tequesta Groups Christmas	430.00
Unity Breakfast	120.00
Christmas Alcothon	964.55
Today Memberships	6.00
Birthday Club Memberships	51.00
Meeting Basket	93.81
Total Revenues:	\$9,796.45

Expenses:	
Literature Purchases	\$3,368.22
Sales Tax	235.23
Alcothon Expenses	581.93
Bake Sale Gift Certificates Used	15.00
Office Salary	3,134.60
FICA & Unemployment Tax	45.45
Paychex(monthly fee)	59.00
IRS Installment Payment Plan	0.00
Rent & Water	475.00
AT&T (Internet, Phone, Website)	309.03
FP&L	119.29
Exterminating	35.00
Printing	140.79
Office Supplies / Postage	282.02
Total Expenses	\$8,800.56

Monthly Surplus / (Deficit) \$995.89

Checking Account Balance	\$3,931.37
Prudent Reserve Interest	0.30
Transferred to Prudent Reserve	\$1,500.00
Prudent Reserve Balance	\$9,041.51

INSTITUTIONS COMMITTEE

Operating Report 11/1/10-11/30/10

Beginning Balance	\$12,750.64
Income:	
Group Contributions	
After Hours Group	\$613.62
Big Book Spiritual Group	\$15.00
Smoke Free Sobriety	\$14.00
Sobriety & Thunder	20.00
Love Faith & Life	5.00
Total Contributions	\$667.62
Big Book Ball Income	\$91.00
Total Income	\$758.62
Expenses:	
Big Book Ball	\$972.11
Big Books	\$1,246.00
Printing	\$9.00
Rent	\$60.00
Total Expenses	\$1,315.00
Monthly Profit/Loss	-\$556.38
Ending Balance	\$12,194.26

ASL Interpreted Meetings are offered
Thursday @ 8:30 pm at the
Love, Faith & Life Group
Good Shepherd United Methodist Church
2341 South Military Trail, WPB

Intergroup Meeting December 8, 2010
Call to Order: 6:17 PM Serenity Prayer Read 12 Traditions

Declaration of Unity: This we owe A.A.'s future: To place our common welfare first; to keep our fellowship united. For our A.A. unity depend our lives; and the lives of those to come.

Chairperson's Report: Alex A.: Since the last Intergroup Business Meeting: PBC Intergroup and District 8 hosted a Concepts Workshop which was lead by Past Delegate **Beth D.** and PBC. On November 21st, Bridging the Gap Chair Ashley N. and myself attended a special forum meeting with South County Intergroup and local Treatment Facilities. The purpose of this forum was to open a channel of communication between local A.A. Groups and the treatment facilities that bring their clients to meetings. A large part of the meeting focused on the AA 7th Tradition and the burden some groups experience when the Treatment Facilities bring large groups to meetings. The general concern was if the ratio of newcomers was greater than those with some experience in recovery, then the newcomer would suffer. Please keep your reports brief as we have three motions on the Agenda. Please address all comments to the Chair and remember, while we do encourage everyone to share, remember to limit yourself to 3 minutes and do not share your position if it has already been shared. Please refrain from the use of profanity and discourteous language while sharing.

Welcome New Representatives: Chris/Look to this Day, Frank/Noon Hour Group, Bruce/Good Guys Group, Erin/Gratitude Group, Angie/A Vision for Recovery, Christian/ Alt. A Vision for Recovery & Christopher/ Primary Purpose.

Vice Chair's Report: Steve Y.: Tickets for sale for the Unity Breakfast, Saturday January 29th @ Finland House. \$8. Working on the format for the Alcathons.

Treasurer's Report: Henry M.: Our total revenue for November 2010 was \$7,480.99 with expenses being \$7,111.96 leaving with a surplus of \$369.03. Our Checking account balance was \$4,435.48. We made a \$200.00 transfer into the Prudent Reserve account bringing that balance up to \$7541.21, which is below the \$22,000.00 mark by \$14,458.79. Our First Annual Bake Sale/ Open House netted \$165.97 but more importantly, it was a great day for fellowship. Our revenue in November 2009 was \$10,140.41 (\$1840.00 of which was contributed by friends of Intergroup from the proceeds of a benefit comedy show) with expenses being \$7,897.15 resulting in a surplus of \$2,243.26. Or checking account balance was \$5,325.31 and our Prudent Reserve balance was \$5,295.39 at that time. I must mention that higher revenues through contributions during the end of calendar year 2009 were due to concerns about our poor financial status at that time. With the spirit of service and prudence we are overcoming the obstacles which we were facing in late 2009 and early 2010. We are currently on the right track even though the previous year's figures would seem to say that we aren't. Fiscally we are actually showing a surplus of \$6,163.10. We are also showing an annual surplus of \$4,962.49 for the calendar year 2010. These surpluses are the result of lower office expenses, an attitude of service, and the continued support of the AA Groups we serve.

Pass Baskets

Secretary's Report: Karen L.: Accepted as posted in the Today.

Office Manager's Report: Ed B.: We currently have a full staff of Office Volunteers; however we could always use back-up volunteers during the holidays. If you're interested please call the Office at 655-5700. The total office activity for November was 437 compared to 616 last year which is a decline of 179. Most of the decline was in the following areas: calls for meeting information & emails. The website visits for November were 2,391. The number of first time visitors was 1,926 and the return visitors were 465. We have received many calls from individuals interested in the website meeting lists, a sign of its growing popularity. The Intergroup Office hours are Monday to Friday 9 - 5, and Saturday 9:30 - 1:30. We have many new items in inventory, which you might consider as holiday gift items. So stop by and have a look.

General Service/ Intergroup Liaison: Larry M.: The elections were finished.

South County Intergroup Liaison: Gary B.: South County Intergroup held its monthly business meeting on November 24, 2010 at Delray Central House. 2 Alcathons will be held this year. The one December 24th through December 25th and the other December 31st through January 1st. Meetings will be held on the even numbered hour followed by an hour of food and fellowship. The South County Intergroup Office will be closed December 25, 25, 31 NS January 1st however the hotline will be open to serve the alcoholic in need. The Office Manager, Pam T., attended the AAWWS/AAAGV annual seminar. The Gratitude Committee reported that the event raised \$11,370 and was enjoyed by the 400 people who attended. A motion was made and did not pass for Intergroup to conduct a Group Inventory during the 1st Quarter of 2011. There will not be a meeting of South County Intergroup in December and the next meeting will be held on the last Wednesday in January 2011.

Committee Reports:

- 1. Public Information: Martina R.:** Working on letter to hotels. Starting to work with Robert C. from General Services.
- 2. 12 Step List: Nick F.:** All is good. I had a great experience volunteering in the office & incorporating a 12 Step call.
- 3. Phone Volunteer: Luiz C.:** Thank you all volunteers that make it possible, even those who are able to participate only for a short period of time. All help is important and welcome. At the moment we are hoping to get more people involved in this great way of giving back and helping those looking for information and help from our fellowship. We have an open shift on Saturday 5-8pm, and are always looking for back-up volunteers. Contact me if interested through my e-mail: scimi-tar2127@hotmail.com (put "phones" as subject).
- 4. Today: Mark P.:** Check out page 3, great Holiday tips.
- 5. B-day Club/Today Subscription: Pat D.:** 0 Today's. 3 B-Days. Encourage to join!
- 6. Website Committee: Larry M.:** 29 updates/ 3 meeting changes/6 forwarding addresses/will put announcements for Alcathons and Unity breakfast.
- 7. Group Contact Committee: Hugh:** Going well. Good responses to web updates.
- 8. Bridging the Gap: Ashley N.:** There were 6 bridges for November. 5 out of county and 1 locally placed. Brochure is completed but not printed. On Sunday 11/21 there was a meeting sponsored by S. County Intergroup to discuss more ways to connect AA to institutions. It was informal and though attendance was low it was a helpful, open discussion about BTG and other 12th step work. We were reminded that AA is to be always inclusive not exclusive.
- 9. Where and When Committee: Meredith:** Looking for some help on the committee. Trying to get everything ready so we can print new Where & Whens by mid January.
- 10. Institutions: Wendy S.:** Your Institutions Committee currently brings 108 meetings a week to 36 facilities, we had 8 new volunteers join in the month of December. There are still plenty of opportunities for all interested in this rewarding service work. Institutions will be sponsoring a Bowling for Big Books event on December 12th at 6:30pm at Greenacres Bowl. Tickets can be purchased from members of the Institutions committee and at the Intergroup Office. If you are interested in joining the Institutions committee, plan to attend our regular meeting at the Triangle Club on Sunday, January 2nd, orientation for new volunteers is at 4:30pm followed by the full committee meeting at 5:00pm. New volunteers need to have six months of continuous sobriety and observe 2 meetings in facilities prior to active service. Hope to see you at our general meeting.

Unfinished Business: None

New Business: Motion: Amend Qualifications & Election for Chair of the Institutions Committee. Passed 38 For/0 Against/2 Abstained.

Motion: Create Committee and Chair for Intergroup Archives. Failed. Need to rewrite. Tabled.

Motion: A monthly meeting between Officers, Office Manager, and Standing Committee Chairs. Failed. Need to rewrite. Tabled.

Upcoming Events: Alcathons: Dec. 24th/25th @ Traingle Club/ Dec. 31st/Jan 1st @ Intergroup. Unity Breakfast- January 29th, 2011 @ Finland House.

Traditions Checklist

1. Am I a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with such pious preludes as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA.
6. Am I informed about AA as a whole? Do I support, in every way, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?

First
Things
First.

Meeting Dept.

New Meetings:

Old-timers Group, Monday, 12:00 Noon, OD (open discussion,) Club Oasis, 10859 Prosperity Farms Road, Palm Beach Gardens, FL 33410

Happy Hour Meeting, Saturday, 3:30 PM, OD, Club Oasis, 10859 Prosperity Farms Road, Palm Beach Gardens, FL 33410

Patience, Love & Tolerance, Sunday, 7:30 PM OD BB, (open discussion Big Book,) Mary Mother of the Light, 4891 Lake Worth Road, Green Acres, FL 3346

Back to the Book, Saturday, 7:00 PM, BB, St Michael's Evangelical Lutheran Church, 1925 Birkdale Drive, Wellington, FL.

Serenity on the Beach, Saturday, 7:00 PM, OD, Lantana Beach, North Side of Public Beach.

Epiphany By The Sea, Monday, Wednesday & Friday, 7:00 AM, OD, Lake Worth Pier

Newcomers Welcome Home, Fri, 6:00 PM, OD, The Triangle Club, 1369 Okeechobee Road

Afternoon Delight, Wednesday, 2:30 PM, OD, The Triangle Club, 1369 Okeechobee Road

12 Step Spiritual Promises, (Women's) Saturday, 9:00 AM, OD SS, Memorial Presbyterian Church, 1300 S Olive, WPB, FL 33401

Drop the Rock Workshop, Wed, 6:30 PM, OD, The Meeting Place, 655 N Military Trail, WPB

A Vision for Recovery, Sat., 5:30 PM, OSD, The Meeting Place, 655 N Military Trail WPB

Sunrise Sobriety, Monday - Saturday, 7:00 AM, OD, Tuesday: Big Book, Thursday: Step Study, St Rita's Church, 13645 Paddock Drive, Wellington

Meeting Changes:

Shell Seekers Group, Tuesday & Thursday, 12:00 Noon, ODW (open discussion women's,) American Legion Post 271, 775 N US Highway 1, Jupiter, FL & Thursday, 12:00 Noon.

Meeting Cancelled.

Promises, Promises, Wednesday, 5:30 PM CD SS, Easy Does It Club, 2677 Forest Hill Blvd #108, WPB, FL 33406. **Meeting Closed.**

Women In Recovery, Wednesday, 5:30 PM, CD BB, 450 Club, 450 Northlake Blvd, NPB, FL 33408. **Meeting Closed.**

Friday Night Beginners, Friday, 8:30 PM, OSD, Hanley Resource Center, 933 45th Street, WPB, FL. **Meeting Closed**

Sober, Alive & Free, Friday, 8:30 PM, CD (closed discussion,) St Mark's Episcopal Church, Room #308, 3395 Burns Road, Palm Beach Gardens, FL. **Meeting Time is now 7:00 PM.**

Women Seeking the Truth Group, Monday 7:30 PM OD BB SS, (open discussion Big Book / Step meeting,) St John's Lutheran Church, 241 Cypress Dr, Lake Park, FL. **Moved to: 7:00 PM at Calvary United Methodist Church Fellowship Hall, 301 1st Ave S, Lake Worth, FL 33460.**

Love, Faith & Life, New schedule effective 11/01/2010: Monday, 8:00 PM, OD, "As Bill Sees It," Tuesday, 8:00 PM, CD, Men's & OD, Women's, Thursday, 8:00 PM, OD, Beginner, CD, (ASL Interpreted,) & CD SS. Saturday 7:00 PM (no change,) CD BB, last Sat, OS.

Another Miracle, Thursday, 7:00 PM, Memorial Presbyterian Church, 1300 S Olive Ave, WPB, FL. **Meeting format changed to Big Book Meeting.**

Make Way For The New Guy, Friday, 7:30 PM, OD, Palms West Hospital, 1st Floor, Classroom 1, 13001 Southern Blvd. **Is now: Make Way For The Beginner, Friday, 8:00 PM, OD, Jesus Our Savior, 13771 Okeechobee Blvd.**

Rude Awakening, 450 Northlake Blvd, North Palm Beach, FL. **Has made the following changes: All meetings are 6:30 AM & OD, Mon: Step Meeting, Tue: Step Workshop, Wed: BB, Thu: Beginner, Fri: Speaker.**

Men's Big Book, Tuesday, 7:00 PM, OD, 450 Club, 450 Northlake Blvd, NPB, FL 33408. **Is Now: Thursday 7:00 PM.**

Women Seeking the Truth, Mon, 7:30 PM, OD, BB, SS, St John's Lutheran Church, 241 Cypress Dr., Lake Park, FL. **Has moved to: Mon, 7:00 PM, Calvary United Methodist Church, Corner of 1st Ave S and Federal, Lake Worth, FL.**

Singleness of Purpose, Tue & Thu, 8:00 PM, CD, SS, BB, First United Presbyterian church, 482 Tequesta Drive, Tequesta, FL. **Now meets at 7:30 PM.**

Expect A Miracle, Sun, 7:00 PM, OD, (3rd Step & 12th Step,) Unity Church, 1957 S Flagler Dr., WPB. **Is now: Steps 1, 2, 3, Open Discussion**

End of the Road Group, Wednesday, 8:00 PM, CD SS, Westwood Gardens Homeowners Clubhouse, Juno Beach, FL. **Now meets at Oceanview United Method, 701 Ocean Drive, Juno Beach, FL 33408**

Monday Night Beginners, Monday, 7:30 PM, OD, Jesus Our Savior, 13771 Okeechobee Blvd, Loxachatchee, FL. **Is now Rule 62 Beginner's Meeting**

Women's Step Meeting, Monday, 10:30 AM, CD SS, Club Oasis; **Women's Day At A Time**, Tuesday, 10:30 AM, OD, Club Oasis; **Came To Believe (Women)** Wednesday, 10:30 AM, OD Club Oasis; **Women's Big Book Meeting**, Thursday, 10:30 AM, OD BB, Club Oasis; **Women's Beginner's Meeting**, Friday, 10:30 AM, OD, Club Oasis. **Is now: We Found The Way Group.**

Meeting Corrections:

Bethesda Group, Tuesday, 6:30 PM, OS (open speaker,) Bethesda by the Sea Episcopal Church, 141 S County Road, Palm Beach, FL. **Meeting Time is 8:30 PM.**

Heart to Heart Group, Saturday, 8:00 PM, OD, American Legion Post #271, 775 N us Highway 1, Jupiter, FL. **Meets at: Christ the King Lutheran Church, 46 Willow RD, Tequesta, FL**

Monday Night Riverbottom Group, Monday, 8:00 PM, OD, First United Presbyterian Church, 482 Tequesta Drive, Tequesta, FL. **Meeting Time is 7:30 PM.**

Noon Hour Group, Saturday, 12 Noon, OS/OB, Club Oasis, 10859 Prosperity Farms Road, PBG, FL **Add Saturday meeting not in "Where & When."**

JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery by giving a little something back!

You get:

Bill & Bob Medallion, Birthday Flyer Name in the TODAY newsletter.

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401

Or email us at: pbciaa@bellsouth.net.

\$1 per year of sobriety is the suggested donation.
(Feel free to give more!)

NAME: _____

ADDRESS: _____

SOBRIETY DATE: ____/____/____



BIRTHDAY CLUB

★ January Celebrants ★

Barry B	26 years	Corinne G	17 years
Dan B	23 years	Henry M	15 years
Larry M	22 years	Steve Y	14 years
Quentin B	21 years	Majorie A	14 years
Michelle H	20 years	Michael G	10 years
Tom S	20 years	Kevin S	8 years

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Palm Beach County Intergroup Association

WELCOME NEW REPS IN August!!!

Chris—Look to this Day
Frank—Noon Hour Group
Bruce—Good Guys Group
Erin—Gratitude Group
Angie—A Vision for Recovery
Christian Alt.—A Vision for Recovery

◆ BRIDGING THE GAP ◆

A TEMPORARY CONTACT PROGRAM

If you are in a correctional/treatment facility, give us a call.

Getting back into “real world” is not always easy for the alcoholic. Many of us had not been sober on the outside for a long time, and we admitted that the first days out were a little frightening. Sometimes, we did not know if we would stay sober. Even new members of A.A. usually know that they cannot make it alone. The dilemma for some of us was that we were not sure we could make it in A.A. either. We said things like, “where will I find a meeting I can be comfortable in?” or “Who will be able to trust?” It was tempting to give in to “I won’t fit in”, or “I’m too different.” Lots of alcoholics think like this; **we did.**

To begin contact and request help from A.A. volunteers, call the following number. You will be put in touch with the Bridging the Gap coordinator and a volunteer will contact you.

(561)655-5700

Palm Beach County Intergroup Association Service Opportunities Available

Phone Volunteer Committee: Volunteers are needed to answer calls to the Intergroup Office when the office is closed at night and weekends. Backup volunteers are always needed. Calls would be forwarded to your home or cell phone during the time slot of your choice. You then would forward these calls to available volunteers on the 12th Step List or simply answer questions about meeting times and locations.

The 12th Step List is also in need of volunteers to answer 12 Step calls which come into the office; six months of sobriety is required. Please consider being involved in this very crucial form of AA service. We are also in need of Spanish and Creole speaking volunteers. For more information or to volunteer please call the Intergroup Office or ask your Intergroup Rep. for the sign-up list.



"... and right about here is when you said you were going out to do some more 'research.'"

Want to give that spiritual Guru of yours something special. How about a PBC Intergroup Gift certificate.

Pick one up at the Intergroup office.

