



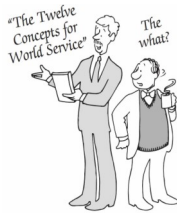
# Today

November  
2010

Palm Beach County Intergroup Association

1371 Okeechobee Road  
West Palm Beach, FL 33401  
561-655-5700 Fax 561-655-6441  
www.aa-palmbeachcounty.org  
pbciaa@bellsouth.net

## Concepts Introduction Workshop



### Want to know more???

Come join us

November 13th 3PM

Intergroup Office  
1371 Okeechobee Rd.  
West Palm Beach

Refreshments will be served

Sponsored by: District 8  
Traditions Committee  
and N. County Intergroup



**11** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.



I ask a Higher Power for help to live the right way.

## Intergroup's Bake Sale & Open House

Join us at Palm Beach County Intergroup on  
Saturday, November 20th

from 10am to 3pm to see our new look and taste some goodies!

### Enter your Best Bakery item Contest!

Submit your best Pie, Cake, Cookie, Cup-Cake, or Misc. Bakery Item.

Win prizes for best in each category and best over all!

(All contest items must be submitted between 8:30am-9:30am)

Prizes posted at Intergroup  
Contact the Intergroup Office for further details.  
561-655-5700



### Principle Behind Step 11: "Spiritual Awareness"

Step 11 suggests that we continue to improve our conscious contact with our Higher Power, so we tap into that power through prayer and meditation. We became cognizant of the blessings we are receiving in our new life. We are learning to notice His handiwork in all aspects of our lives.

### 22ND ANNUAL SPBC INTER-GROUP'S GRATITUDE DINNER

The 22nd Annual South Palm Beach County Intergroup Gratitude Dinner will be held on Friday, November 19th, 2010 from 6:00pm to 10:00pm at the Embassy Suites, 661 NW 53 Street, Boca Raton.

## Service Schedule

- 12/12 - GSR Meeting 5:00pm
- 12/1 - Steering Committee Meeting 6:15pm
- 12/5 - Institutions Volunteer Orientation 4:30pm
- 12/5 - Institutions Committee Meeting 5:00pm
- 12/8 Intergroup Meeting 6:15pm

### Tradition 11:

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press radio and films.

### Concept XI :

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties shall always be matters of serious concern.,

## Intergroup's Purpose

To serve our associated groups in carrying the A.A. message to the still suffering alcoholic according to the principles of the Twelve Steps, Twelve Traditions, and Twelve Concepts of A.A., always remembering that our common welfare comes first.

## Intergroup Meeting October 10, 2010

**Declaration of Unity:** This we owe A.A.'s future: To place our common welfare first; to keep our fellowship united. For on A.A. unity depend our lives; and the lives of those to come.

**Chairperson's Report: Alex A.:** The Officers and Office Manager met with South County Intergroup Officers and Office Manager on September 11<sup>th</sup> during their Steering Committee Meeting in Delray Beach. Unity and improving our communication was the focus of this meeting. Many great ideas were shared including the formation of an Intergroup Liaison service position at each Intergroup so as to keep an open channel of communication and better inform our respective groups. A discussion to have the standing Committee Chairs at each Intergroup meet each other and to share in their experience, knowledge, and ideas, so as to maximize their strength of service was agreed upon. This meeting concluded with the unanimous feeling that we were standing at the turning point in our unity, willingness, and the following in God's will for us. The Officers and By-Laws Committee held it's first informative meeting at St. David's In The Pines in Wellington on October 2<sup>nd</sup>. While the meeting went well, it was under attended. Our next meetings are scheduled this coming Saturday at The Easy Does It Club at 1:30pm and The Oasis Club on Saturday the 23<sup>rd</sup> also at 1:30pm. Please announce these meetings during A.A. announcements at the meetings you attend to help spread the word. In accordance with our new By-laws and while awaiting the final ratification vote next January, procedural motions such as to accept reports or to adjourn will be the only floor motions accepted. All action motions requiring group consideration, must be submitted in writing to be placed on the agenda. Please take the new motion form back to your group. Until changed by motion or the January vote, all written motions must be submitted by the 1<sup>st</sup> Wednesday of each month by 5pm in order to be attached to the next meeting's agenda. Please remember that all motions will be voted on by the association at the following month's meeting after being submitted. The representative of the motion maker must be present at that subsequent meeting to have their motion considered. Please note the upcoming service events at the bottom of the agenda. These events are being sponsored by Intergroup and your support is appreciated.

**Welcome New Representatives:** Nick/Bethesda by the Sea, Connie/Smoke-free sobriety, Kirstin/Sisters in Sobriety, James/South PBC Liaison, Matt/ Alt. Day Openers, Larry/Oasis 3:30 Happy Hour, Ed/Rules 62, John/Alt. Men's 5<sup>th</sup> Tradition, Mike/Cardinal Lane, Matt/Alt. Good Guys, Ivy/Midday Life, Roger/Somewhere to Turn, Elizabeth/Day Openers & Karen/Alt. Happy Hour.

**Vice Chair's Report: Steve Y.:** Thank you to all who attended our September 18<sup>th</sup>, 2010, 34<sup>th</sup> Annual Potluck Dinner, we were able to raise \$553.59 for Intergroup. We are awaiting a vote from the groups to see if they want to participate in this year's alcahthons: Christmas Eve and New Years Eve. We will have the drawing for the time slots come next representative meeting in November.

**Treasurer's Report: Henry M.:** Our total revenue for September 2010 was \$9,779.54 with expenses being \$7,698.40 leaving us with a surplus of \$2,081.14 and a balance of \$5,867.17 in our Operating Account. As a point of interest in our expenses, there is a payment of \$250.00 for our 990 Filing. This payment was made to Ed Bednarz for preparation and filing of this document. In the past, we were charged \$900.00 by our former accountant for this filing and it was done incorrectly to boot. Thank You Ed for your diligence and knowledge. We have made another payment of \$500.00 to the IRS for Q4-2008 and should be clearing up the final balance of about \$600.00 in October. Our 34<sup>th</sup> Annual Potluck Supper netted \$303.59 so far, and we are anticipating a greater surplus as ticket monies are still coming in. Thank you to all who served and attended. We were able to transfer \$2000.00 into our Prudent Reserve Account leaving us with a balance of \$7,140.67, below the \$22,000.00 mark by (\$14,895.33). We have recalculated our Prudent Reserve in accordance with our new bylaws; the new Prudent Reserve is \$22,000.00 which was calculated at 25% of our annual expenses from Fiscal Year 2009-2010. Lower expenses in Q1 & Q2 2010 were the reason for the decreased Prudent Reserve. In September 2009 our revenue was \$6925.00 with expenses being \$7962.98 leaving us with a deficit of (\$1667.98). Our Operating Account balance was \$2185.89. Higher payroll liability and lower group contributions were the main cause of this deficit. The Prudent Reserve balance was \$8,893.47 at that time. We would like to thank all of the groups and members who have stepped up contributions to help support our Intergroup Office. Pass Baskets

**Secretary's Report: Karen L.:** Accepted as posted in the Today.

**Office Manager's Report: Ed B.:** We currently have office volunteer openings on Wednesday & Thursday from 1 - 5 PM. Volunteers sell literature, answer the phone and assist with any special projects. The total office activity for September was 428 compared to 533 last year. Most of the decline in activity was in the areas of calls & emails for meeting information. Website visits for September were 2,057 compared to 1,690 visits a year ago. This is an increase of 367 visits. It appears the use of the online meeting list and website information is becoming very popular. The Intergroup Office hours are Monday to Friday 9 - 5, and Saturday 9:30 - 1:30. We have plenty of "Where & When's" for sale, as well as Conference Approved literature and pamphlets. In the closet we found a bundle of the 2008 Central Office Directory for US and Canada most of the information is still current. It a handy reference guide when traveling. It has the telephone numbers, addresses, and website addresses of Intergroup Offices throughout the country and it's free. So take one. If you would like to volunteer at the office, please call the Intergroup Office at 655-5700.

**General Service/ Intergroup Liaison: Larry M.:** Elected new officers at the Quarterly. Elections will be this Sunday for District.

### Committee Reports:

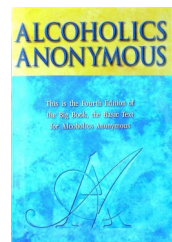
- 1. Public Information: Martina R.:** Looking for any pre-recorded public information to possibly put on the radio. Listening to CD's from the San Antonio Convention.
- 2. 12 Step List: Nick F.:** 122 volunteers: 76 women & 46 men. Desperately need volunteers for the Western communities, also in need of Spanish speaking volunteers.
- 3. Phone Volunteer: Lulz C.:** All positions are filled, we are trying to tackle a little glitch regarding forwarding phone numbers, the volunteers will be asked to check if the phone has been forwarded to them as soon as possible when their shift start. I would like to thank all the volunteers for their work, including the back up volunteers, helping cover shifts on holidays and vacations. If anyone would like information regarding participating at the hotline, contact me by e-mail: scimitar2127@hotmail.com (put "phones" on the subject).
- 4. Today: Mark P.:** Absent
- 5. B-day Club/Today Subscription: Pat D.:** 16 new B-days & 2 renewals. 0 Today's.
- 6. Website Committee: Larry M.:** Did some house cleaning.
- 7. Group Contact Committee: Hugh:** Going to a lot of different meetings. Working closely with Meredith to help keep the Where & When's updated.
- 8. Bridging the Gap: Ashley N.:** We had 13 bridges for the month of September. I have finished rewriting the brochure. We will get it printed this month.
- 9. Where and When Committee: Meredith:** Piggy backing with Hugh to help keep the Where & When's updated. Also could use some help on the committee.
- 10. Institutions: Wendy S.:** Your Institutions Committee currently brings 108 meetings a week to 36 facilities, we had 11 new volunteers join in the month of October. There are still plenty of opportunities for all interested in this rewarding service work. We particularly need volunteers who are willing to go through the clearance process and take meetings into the county jail and state prisons. Plan to attend our regular meeting at the Triangle Club on Sunday, November 7<sup>th</sup>, orientation for new volunteers is at 4:30 pm followed by the full committee meeting at 5:00pm. New volunteers need to have six months of continuous sobriety and observe 2 meetings in facilities prior to active service. Hope to see you at our general meeting.

**Unfinished Business: None**

**New Business: None**

### Upcoming Events:

- New By-Laws:** Informative Q & A Meetings - Oct. 16<sup>th</sup> @ Easy Does it Club @ 1:30pm Oct. 23<sup>rd</sup> @ Club Oasis @ 1:30pm  
**District 8 Archives Workshop** - October 29<sup>th</sup> @ Intergroup Office from 1:30 - 3:30pm  
**Concepts Panel** - November 13, 2010 @ Intergroup Office from 2:30pm to 4:30pm  
**Bake Sale / Open House** - November 20, 2010 @ Intergroup Office from 10am to 3pm  
**Alcohol** - Dec. 24<sup>th</sup> - 25<sup>th</sup> / Dec. 31<sup>st</sup> - Jan. 1<sup>st</sup> - Group time slot drawing @ Nov. 10<sup>th</sup> Meeting  
**Unity Breakfast** - January 29, 2011 @ Finland House



**Palm Beach County Intergroup**  
**Operating Report – 10/01/2010 - 10/31/2010**

Revenues:

Literature Sales	\$3,376.81	
Sales Tax	218.62	
Tax Exempt Sales	45.35	
Group Contributions	3,480.76	
Potluck Dinner Tickets (See attached)	1,819.00	
Today Memberships	679.00	
Birthday Club Memberships	6.00	
Meeting Basket	103.00	
Meeting Basket	51.00	
<b>Total Revenues:</b>		<b>\$9,779.54</b>

Expenses:

Literature Purchases	\$1,781.35	
Sales Tax	213.15	
Bake Sale Expenses	55.26	
Bylaws Meetings	110.00	
Office Salary	2,884.60	
FICA & Unemployment Tax	41.85	
Paychex(monthly fee)	59.00	
IRS Installment Payment Plan	768.84	
Rent & Water	475.00	
AT&T (Internet, Phone, Website)	311.59	
FP&L	119.34	
Exterminating	35.00	
Printing	140.79	
Office Supplies / Postage	396.92	
<b>Total Expenses</b>		<b>\$7,698.40</b>

Monthly Surplus / (Deficit) (\$1,400.72)

Checking Account Balance \$4,266.45

Prudent Reserve Interest .23

Transferred to Prudent Reserve 200.00

Prudent Reserve Balance \$7,340.90

**INSTITUTIONS COMMITTEE**  
**Operating Report 9/1/10-9/30/10**

**Beginning Balance** **\$10,894.65**

**Income:**

**Group Contributions**

Monday Night Men's Group	\$24.60
After Hours Group	\$254.03
Each Day A New Beginning	\$24.00
Sobriety & Thunder	\$20.00
Love Faith & Life	\$5.00
Men's Tell It Like It Is Group	\$500.00
Free Spirited Women	\$80.67
Days End Group	\$90.00
<b>Total Contributions</b>	<b>\$998.30</b>
Big Book Ball Income	\$200.00
<b>Total Income</b>	<b>\$1,198.30</b>

**Expenses:**

Big Books	\$1,495.20
Printing	0.00
Rent	\$60.00
<b>Total Expenses</b>	<b>\$1,655.20</b>

**Monthly Profit/Loss** **-\$456.90**

**Ending Balance** **\$10,437.75**

**◆ BRIDGING THE GAP ◆**  
**A TEMPORARY CONTACT PROGRAM**

If you are in a correctional/treatment facility, give us a call.

Getting back into "real world" is not always easy for the alcoholic. Many of us had not been sober on the outside for a long time, and we admitted that the first days out were a little frightening. Sometimes, we did not know if we would stay sober. Even new members of A.A. usually know that they cannot make it alone. The dilemma for some us was that we were not sure we could make it in A.A. either. We said things like, "where will I find a meeting I can be comfortable in?" or "Who will be able to trust?" It was tempting to give in to "I won't fit in", or "I'm too different." Lots of alcoholics think like this; **we did.**

To begin contact and request help from A.A. volunteers, call the following number. You will be put in touch with the Bridging the Gap coordinator and a volunteer will contact you.

**(561)655-5700**

**Palm Beach County Intergroup Association**  
**Service Opportunities Available**

**Phone Volunteer Committee:** Volunteers are needed to answer calls to the Intergroup Office when the office is closed at night and weekends. Backup volunteers are always needed. Calls would be forwarded to your home or cell phone during the time slot of your choice. You then would forward these calls to available volunteers on the 12th Step List or simply answer questions about meeting times and locations.

**The 12th Step List** is also in need of volunteers to answer 12 Step calls which come into the office; six months of sobriety is required. Please consider being involved in this very crucial form of AA service. We are also in need of Spanish and Creole speaking volunteers. For more information or to volunteer please call the Intergroup Office or ask your Intergroup Rep. for the sign-up list.



**Office Activity in October**

- 12 Step Requests – 2
- Other program info - 36
- Institutions – 0
- Requests for meeting info – 187
- Public Information – 0
- Visitors – 232
- AA Emails – 31

**Total: 488**

**Website Visits in October**

- 1st time visits – 1784
- Return visits – 424
- **Total Visitors— 2208**

## JOIN THE BIRTHDAY CLUB!

Celebrate your years of recovery  
by giving a little something back!

You get:  
Bill & Bob Medallion,  
Birthday Flyer  
Name in TODAY newsletter

Complete this form and mail to:

Birthday Club, 1371 Okeechobee Road, WPB FL 33401

Or email us at: pbciaa@bellsouth.net.

**\$1 per year of sobriety is the suggested donation.**  
(Feel free to give more!)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SOBRIETY DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_



## BIRTHDAY CLUB

### ★ November Celebrants ★

Raymond R	36 years	George A	5 years
Gary B	21 years	Anthony T	4 years
Don H	21 years	Hugh H	3 years
Laura D	9 years	Debbie M	2 years
(In Memoriam)		Belated - Blackie	6 years

## Subscribe to Today!

**\$6.00 per year**  
**12 issues mailed directly to you!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mail to:

Palm Beach County Intergroup Association  
1371 Okeechobee Rd, West Palm Beach, FL 33401

## Meeting Dept.

**Epiphany By The Sea**, Monday, Wednesday & Friday, 7:00 AM, OD, Lake Worth Pier, Lake Worth, FL.

**Newcomers Welcome Home**, Friday, 6:00 PM, OD, The Triangle Club, 1369 Okeechobee Road, WPB, FL 33401

**Afternoon Delight**, Wednesday, 2:30 PM, OD, The Triangle Club, 1369 Okeechobee Road, WPB, FL 33401

**12 Step Spiritual Promises**, (Women's) Saturday, 9:00 AM, OD SS, Memorial Presbyterian Church, 1300 S Olive, WPB, FL 33401

### Meeting Changes:

**Shell Seekers Group**, Tuesday & Thursday, 12:00 Noon, ODW (open discussion women's), American Legion Post 271, 775 N US Highway 1, Jupiter, FL & Thursday, 12:00 Noon. **Meeting Cancelled.**

**Promises, Promises**, Wednesday, 5:30 PM CD SS, Easy Does It Club, 2677 Forest Hill Blvd #108, WPB, FL 33406. **Meeting Closed.**

**Women in Recovery**, Wednesday, 5:30 PM, CD BB, 450 Club, 450 Northlake Blvd, NPB, FL 33408. **Meeting Closed.**

**Friday Night Beginners**, Friday, 8:30 PM, OSD, Hanley Resource Center, 933 45<sup>th</sup> Street, WPB, FL. **Meeting Closed**

**Sober, Alive & Free**, Friday, 8:30 PM, CD (closed discussion), St Mark's Episcopal Church, Room #308, 3395 Burns Road, Palm Beach Gardens, FL. **Meeting Time is now 7:00 PM.**

**Women Seeking the Truth Group**, Monday 7:30 PM OD BB SS, (open discussion Big Book / Step meeting,) St John's Lutheran Church, 241 Cypress Dr, Lake Park, FL. **Moved to: 7:00 PM at Calvary United Methodist Church Fellowship Hall, 301 1<sup>st</sup> Ave S, Lake Worth, FL 33460.**

**Love, Faith & Life, New schedule effective 11/01/2010:** Monday, 8:00 PM, OD, "As Bill Sees It," Tuesday, 8:00 PM, CD, Men's & OD,

Women's, Thursday, 8:00 PM, OD, Beginner, CD, (ASL Interpreted,) & CD SS. Saturday 7:00 PM (no change), CD BB, last Sat, OS. **Another**

**Miracle**, Thursday, 7:00 PM, Memorial Presbyterian Church, 1300 S Olive Ave, WPB, FL. **Meeting format changed to Big Book Meeting.**

**Make Way For The New Guy**, Friday, 7:30 PM, OD, Palms West Hospital, 1<sup>st</sup> Floor, Classroom 1, 13001 Southern Blvd. **Is now: Make Way For The Beginner**, Friday, 8:00 PM, OD, Jesus Our Savior, 13771 Okeechobee Blvd.

**Rude Awakening**, 450 Northlake Blvd, North Palm Beach, FL. **Has made the following changes: All meetings are 6:30 AM & OD, Mon: Step Meeting, Tue: Step Workshop, Wed: BB, Thu: Beginner, Fri: Speaker.**

**Men's Big Book**, Tuesday, 7:00 PM, OD, 450 Club, 450 Northlake Blvd, NPB, FL 33408. **Is Now: Thursday 7:00 PM.**

**Women Seeking the Truth**, Mon, 7:30 PM, OD, BB, SS, St John's Lutheran Church, 241 Cypress Dr., Lake Park, FL. **Has moved to: Mon, 7:00 PM, Calvary United Methodist Church, Corner of 1<sup>st</sup> Ave S and Federal, Lake Worth, FL.**

**Singleness of Purpose**, Tue & Thu, 8:00 PM, CD, SS, BB, First United Presbyterian church, 482 Tequesta Drive, Tequesta, FL. **Now meets at 7:30 PM.**

### Meeting Corrections:

**Bethesda Group**, Tuesday, 6:30 PM, OS (open speaker,) Bethesda by the Sea Episcopal Church, 141 S County Road, Palm Beach, FL. **Meeting Time is 8:30 PM.**

**Heart to Heart Group**, Saturday, 8:00 PM, OD, American Legion Post #271, 775 N us Highway 1, Jupiter, FL. **Meets at: Christ the King Lutheran Church, 46 Willow Rd, Tequesta, FL 33409**

**Monday Night Riverbottom Group**, Monday, 8:00 PM, OD, First United Presbyterian Church, 482 Tequesta Drive, Tequesta, FL. **Meeting Time is 7:30 PM.**